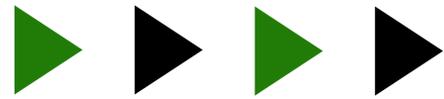


CEI VTL Masterclass Series

***“Certified Virtual
Facilitator Preparation and
Certification” Pt II***

**By
James Bishop**

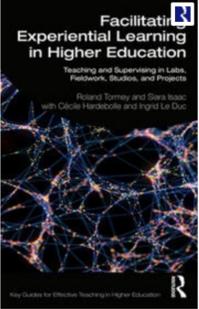


Tips of the Day

1

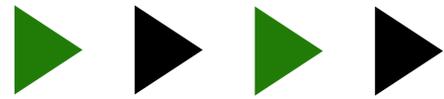
Facilitation in Higher Ed

Facilitation in Higher Ed

Universities - Mindset	Universities - Courses	Universities - Publications
	 Overview of Facilitation	
	 Facilitating Group Discussions	
	 Strategies for Effective Facilitation: Online	

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Tips of the Day

2

Facilitation Principles

Guiding Principles of Facilitation

Guiding Principles of Facilitation



Principle 1: Maintain Neutrality.
Be intentional about the desired outcome and purpose of your meeting. As a facilitator, you own the process of the meeting while letting the team own the content of the conversation.

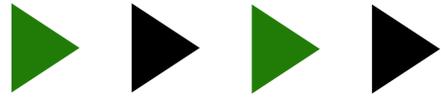
Principle 2: Stand in the Storm
Teams don't naturally want to stay in conflict; they have patterns of avoiding it, often at all costs. But this is where the good stuff happens.

Principle 4: Hold the Group's Agenda
When the group's emergent agenda appears in your meeting, it's time to focus on what would serve the team in the long run, not what you want to accomplish in that moment.

Principle 5: Be Future Focused
To get the most out of your meetings, have a plan that includes questions designed to prompt the team to think about the future — to think beyond the current dilemma to imagine what's possible.

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Tips of the Day

3

Facilitation Characteristics

Top 10 Characteristics of an Excellent Group Facilitator

A great facilitator values and respects the power of the group. They believe better decisions; better ideas and better outcomes can be achieved when the intelligence in the room has been leveraged. By combining their knowledge, skills and personality in an effective way a top-notch meeting leader will be able to facilitate trust and draw the best out the group.

Yilmaz

Effective Communication Skills

An excellent facilitator is one who knows not only how to speak comfortably in front of an audience but can also convey the meeting process in a simple, concise manner. Facilitators are expected to paraphrase back individual ideas for purposes of getting better clarity and/or to validate the speaker's intention. Being able to summarize and communicate back key themes, trends and/or decisions that the group has proposed helps the group to effectively create closure.

Open to Change

Being open to change doesn't mean incorporating every idea that someone else comes up with. Being open to change means being flexible and not dead-set on the process plan you designed. Different groups have unique facilitation needs which a great facilitator can recognize and cater to by tailoring the process and incorporating others' process ideas when they are relevant and add value to the meeting. For example, don't be afraid to step out of the meeting structure to enjoy a playful exercise that fosters team bonding or garners more energy within the group. When the group feels they are empowered to make suggestions on structural changes they are more likely to buy-in to the process.

Keen Observation Skills

Another skill a facilitator needs is to be able to pick up on small gestures, glances and facial expressions that can all point to the individual's honest reaction and/or opinion. It's important to get a sense of what is really happening in people's minds and what they are feeling by noting mixed messages when they occur as a way to bring concerns, differing opinions and resistance to the surface.

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Tina

Demonstrates Unwavering Positivity

Whether you are starting a facilitation, in the middle of a facilitation, or at the end of a facilitation, being optimistic and positive will help you facilitate the meeting smoothly and get the most engagement from each member of the group. One way we do this is by using 'appreciative inquiry' - helping participants to look at issues from a strengths, or "what's working" perspective rather than "what's not working".

Yilmaz

Authentic

By being your authentic self, you will find it easier to connect to the participants, which will help you guide and understand them better, resulting in a successful group facilitation in which the members of the group bond and trust each other. Just like a good facilitator has keen observations skills in noting mixed messages, the participants also have an amazing ability to pick up on disingenuous comments or statements which can shut them down.

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Tina

Maintains Constant Neutrality

Throughout the meeting, an excellent facilitator will be able to stay neutral and treat all participants as equals, regardless of power, personality types, personal opinions, or biases. This is a crucial element of facilitation that needs to be learned through practice. When having to play more than one role in a meeting (e.g. subject matter expert and facilitator), a skilled meeting facilitator will be completely transparent as which role they're playing when they need to shift between roles.

Yilmaz

Energetic Personality

A facilitator has to know when to ramp up the energy in the room and/or when to bring back the focus of the group. Having an energetic personality can help heighten the excitement for an upcoming project or get a brainstorming session off to the right start regardless of participant's commitment to the process. When tensions between participants appear, a good facilitator has the ability to stay calm during disagreements. This takes tremendous energy and skill and will help diffuse tensions and keep dialogue constructive and on-topic.

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Tina

Promotes Constructive Feedback

In order to ensure participants are not caving into one person's idea(s), the facilitator will challenge the group by posing questions to either help them think more broadly, deeper or wider. If required, the facilitator encourages the group to stop and reflect on their performance or ideas for purposes of improvement. Feedback is best when it is constructive and is based on real, observable events that others can relate to. The facilitator also demonstrates their willingness to receive feedback by actively listening and incorporating process changes where it makes sense.

Asks Versus Tells

Facilitators use the art of questioning or asking, rather than telling, to encourage group members to come up with their own ideas. If the group is unable to come up with ideas the facilitator will only throw out suggestions to stimulate further ideas. The facilitator understands that if the group comes up with the ideas themselves, ultimately, buy-in and follow-through are increased.

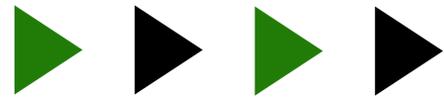
Patient

Last but not least, staying patient during the facilitation process is crucial for the meeting to be successful. The facilitator does not show their frustration or anger at the participants for not being brilliant in generating ideas or when an individual or the group is not following the process plan. Instead, the facilitator evaluates if the problem is due to a content or a process issue. Once noted, the resolution of the problem can be as simple as asking different questions to help the group see the issue more clearly, or as difficult as changing the process plan to suit the group's changing needs.

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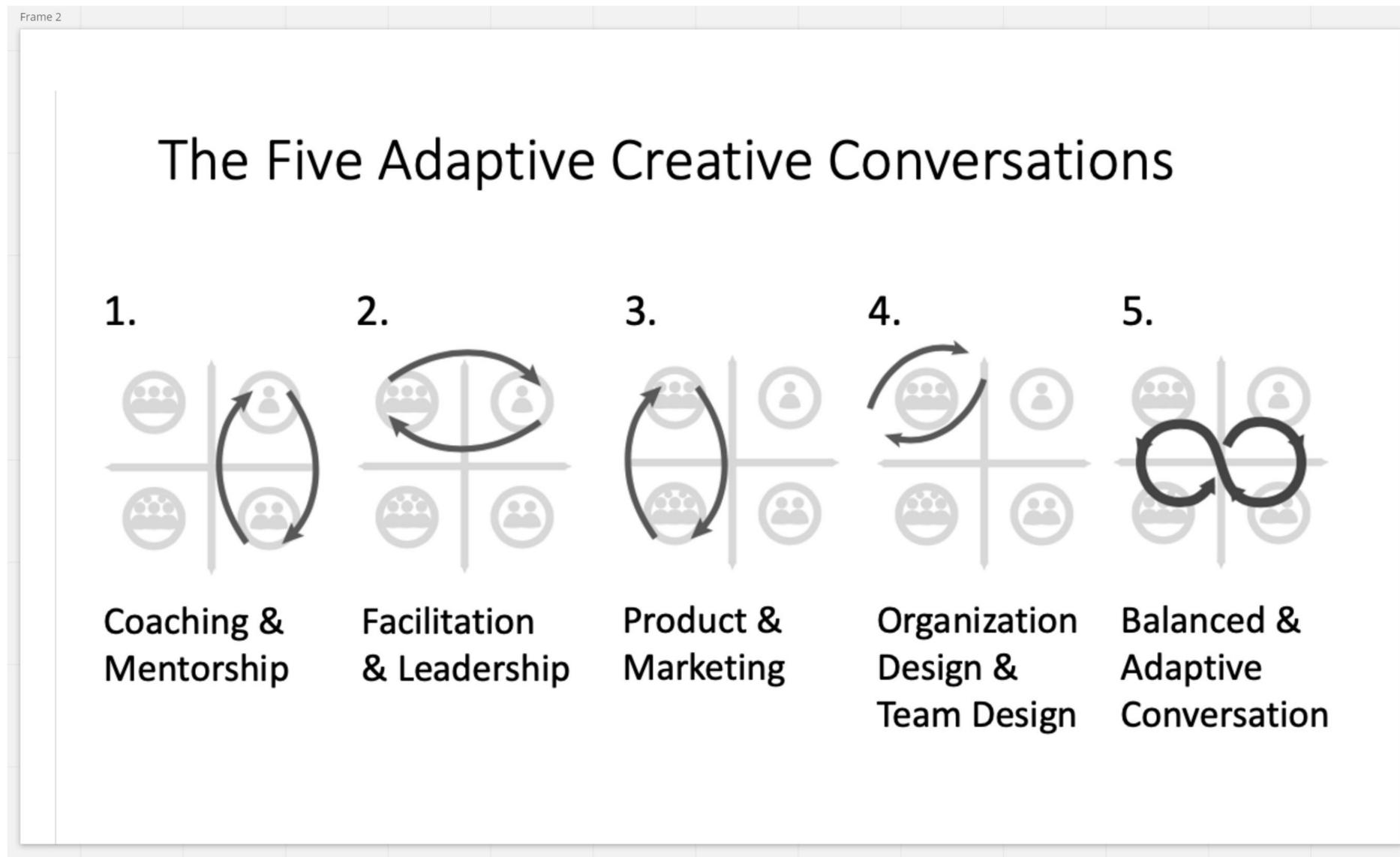




Tips of the Day

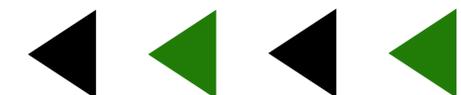
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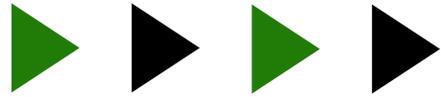
Adaptive Creative Conversations



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Tips of the Day

5

Guiding Principles

Guiding Principles



1. Learning Involves the Whole Mind and Body.

Learning is not all merely “head” learning (conscious, rational, “left-brained,” and verbal) but involves the whole body/mind with all its emotions, senses, and receptors.

Tina Val



2. Learning is Creation, Not Consumption.

Knowledge is not something a learner absorbs, but something a learner creates. Learning happens when a learner integrates new knowledge and skill into his or her existing structure of self. Learning is literally a matter of creating new meanings, new neural networks, and new patterns of electro/chemical interactions within one’s total brain/body system.

Eugene Val (I want to do this but not successful yet)



3. Collaboration Aids Learning.

All good learning has a social base. We often learn more by interacting with peers than we learn by any other means. Competition between learners slows learning. Cooperation among learners speeds it. A genuine learning community is always better for learning than a collection of isolated individuals.

Eugene Tina Rufina Beatrice Val



4. Learning Takes Place on Many Levels Simultaneously.

Learning is not a matter of absorbing one little thing at a time in linear fashion, but absorbing many things at once. Good learning engages people on many levels simultaneously (conscious and paraconscious, mental and physical) and uses all the receptors and senses and paths it can into a person’s total brain/body system. The brain, after all, is not a sequential, but a parallel processor and thrives when it is challenged to do many things at once.

Val (I want to do this but not successful yet)



5. Learning Comes From Doing the Work Itself (With Feedback).

People learn best in context. Things learned in isolation are hard to remember and quick to evaporate. We learn how to swim by swimming, how to manage by managing, how to sing by singing, how to sell by selling, and how to care for customers by caring for customers. The real and the concrete are far better teachers than the hypothetical and the abstract – provided there is time for total immersion, feedback, reflection, and reimmersion.

Beatrice Joyce Miranda Eugene Val



6. Positive Emotions Greatly Improve Learning.

Feelings determine both the quality and quantity of one’s learning. Negative feelings inhibit learning. Positive feelings accelerate it. Learning that is stressful, painful, and dreary can’t hold a candle to learning that is joyful, relaxed, and engaging.

Tina Eugene Val Rufina Beatrice eva



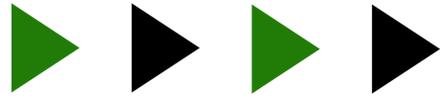
7. The Image Brain Absorbs Information Instantly and Automatically.

The human nervous system is more of an image processor than a word processor. Concrete images are much easier to grasp and retain than are verbal abstractions. Translating verbal abstractions into concrete images of all kinds will make those verbal abstractions faster to learn and easier to remember.

Tina Antonia beryl

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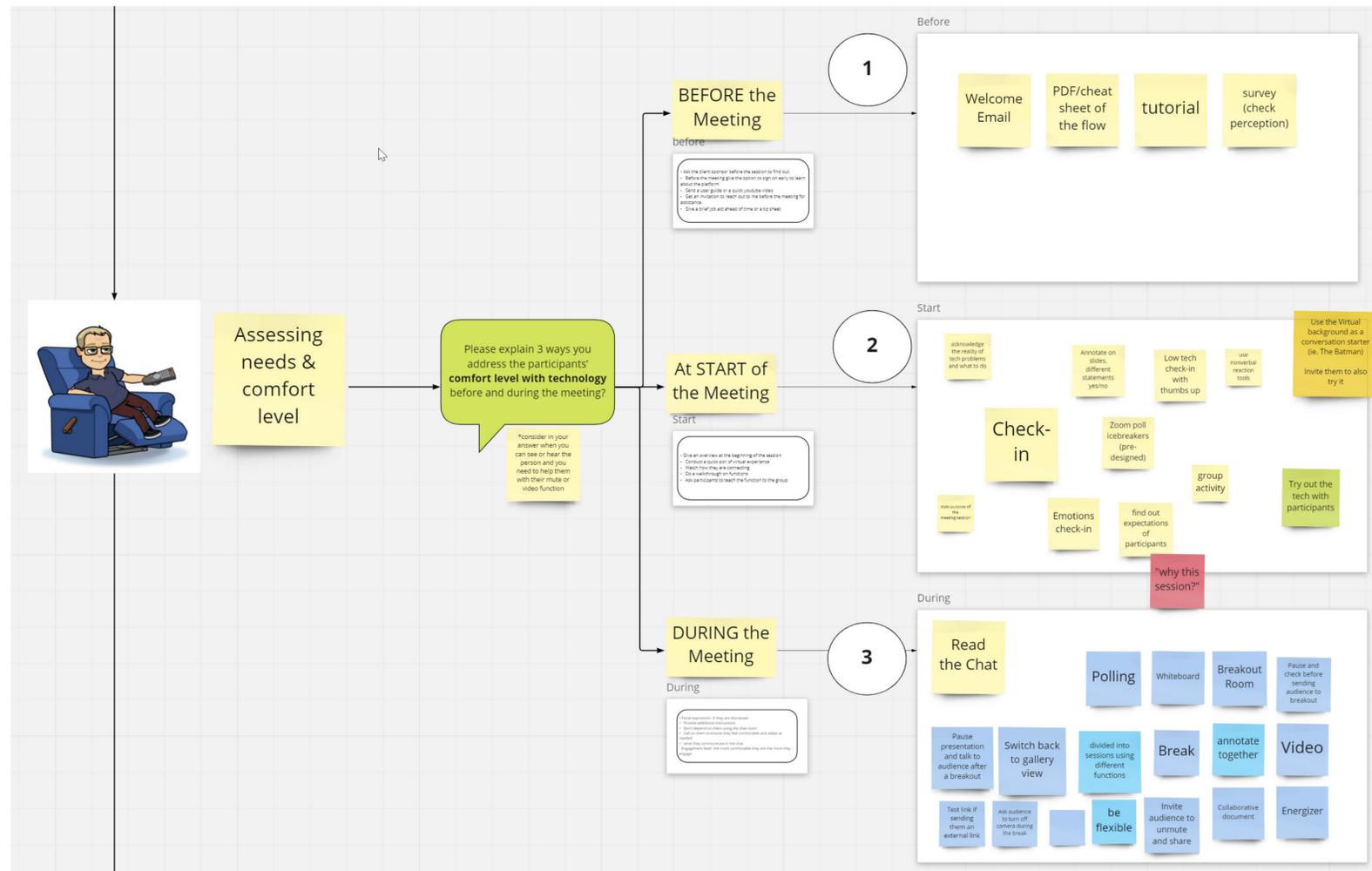




Tips of the Day

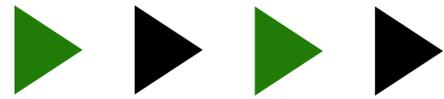
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Assessing Needs and Comfort level

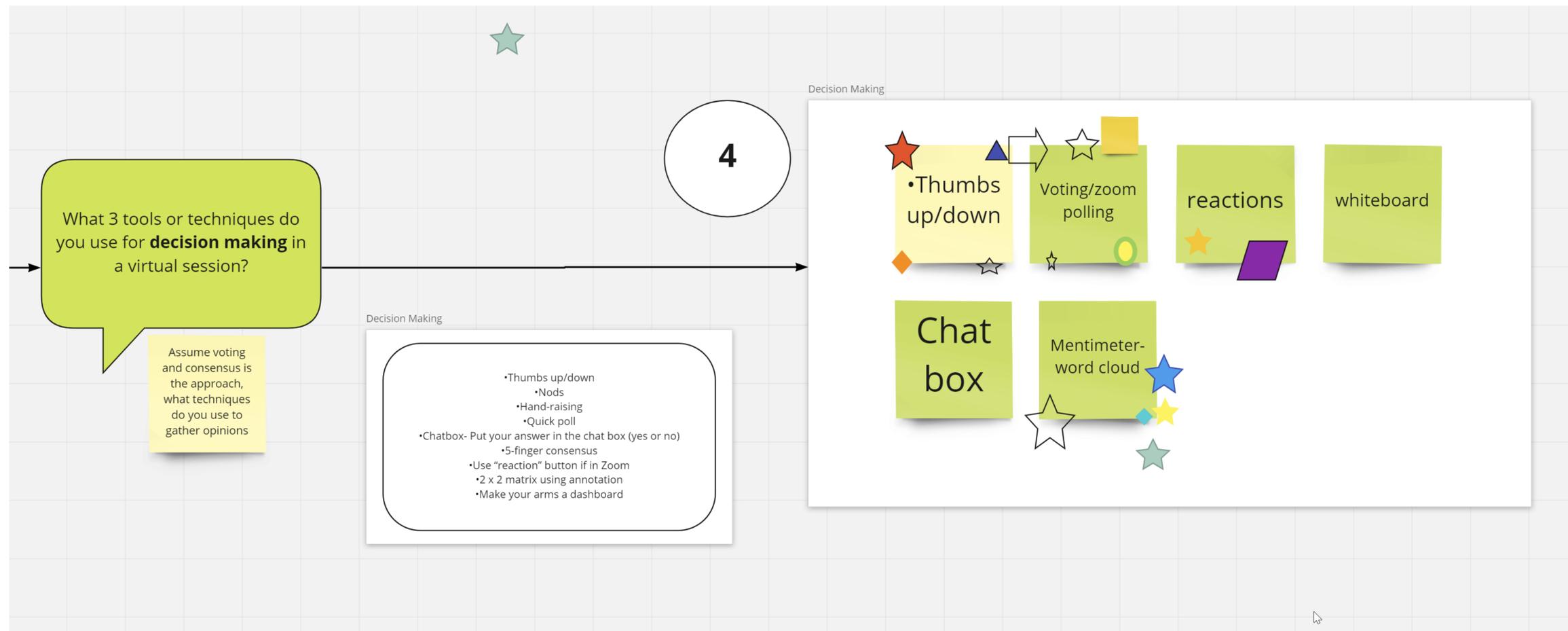


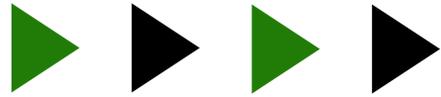
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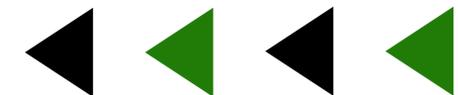
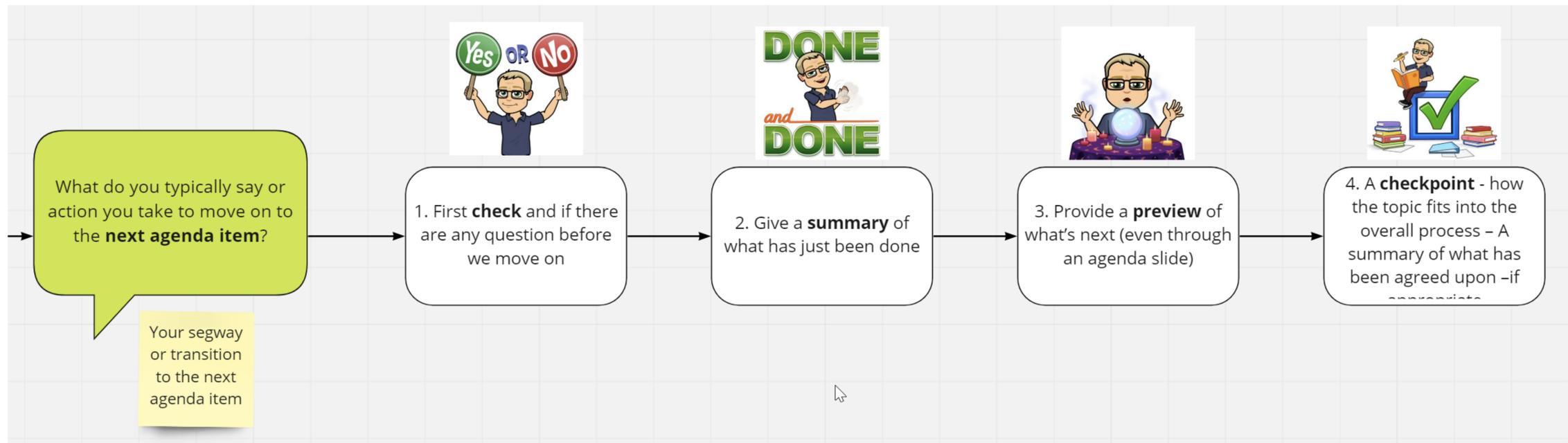


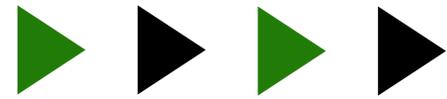
Decision Making Techniques





Transitions



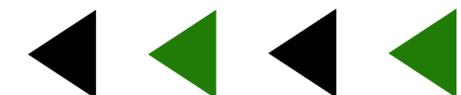


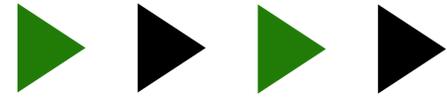
Energy Management

- **Break**
 - Consider length of breaks (no more than 10-15 mins)
 - Play music during breaks
- **Breakout group**
- **Polls**
 - Conduct a poll
 - include polling or teach back tools
- **Activity**
 - Frequency activity ideally including standing up
 - Hold a recharge activity

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Tips of the Day

10

Energy Management 2

- **Slides**

- Animation of slides

- **Self Care**

- Be well rested or have lots of caffeine before the session
- Don't have a lot of meetings back to back

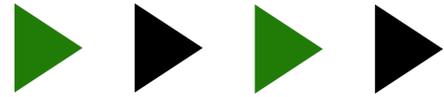
- **Style**

- Use Humor
- Have a positive sounding voice
- Use people's names
- Consider voice level and speed - modulate voice

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Tips of the Day

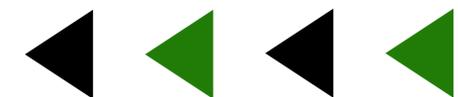
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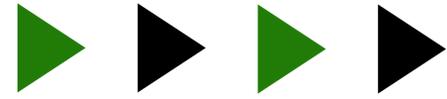
Breakouts

- **Type of group**
 - Size of group
 - When different languages are used
- **Type of discussion**
 - Breakdown a large group for a more target discussion
 - To come up with competing ideas
 - Debriefing a session, two group have a smaller discussion
 - Asynchronuos task
 - Increase engagement and collect key topics in the beginning of the session

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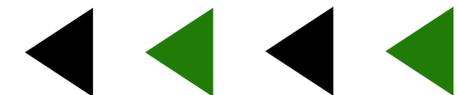
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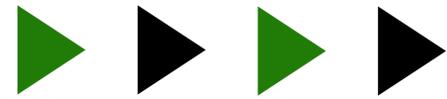
Breakouts 2

- **Brainstorming session**
 - To generate a list of questions
- **Rapport Building**
- **Activites**
 - For role-playing and having a 3rd person giving feedback
- **It depends**
 - Depends on the social culture of the group
 - Depends on the context

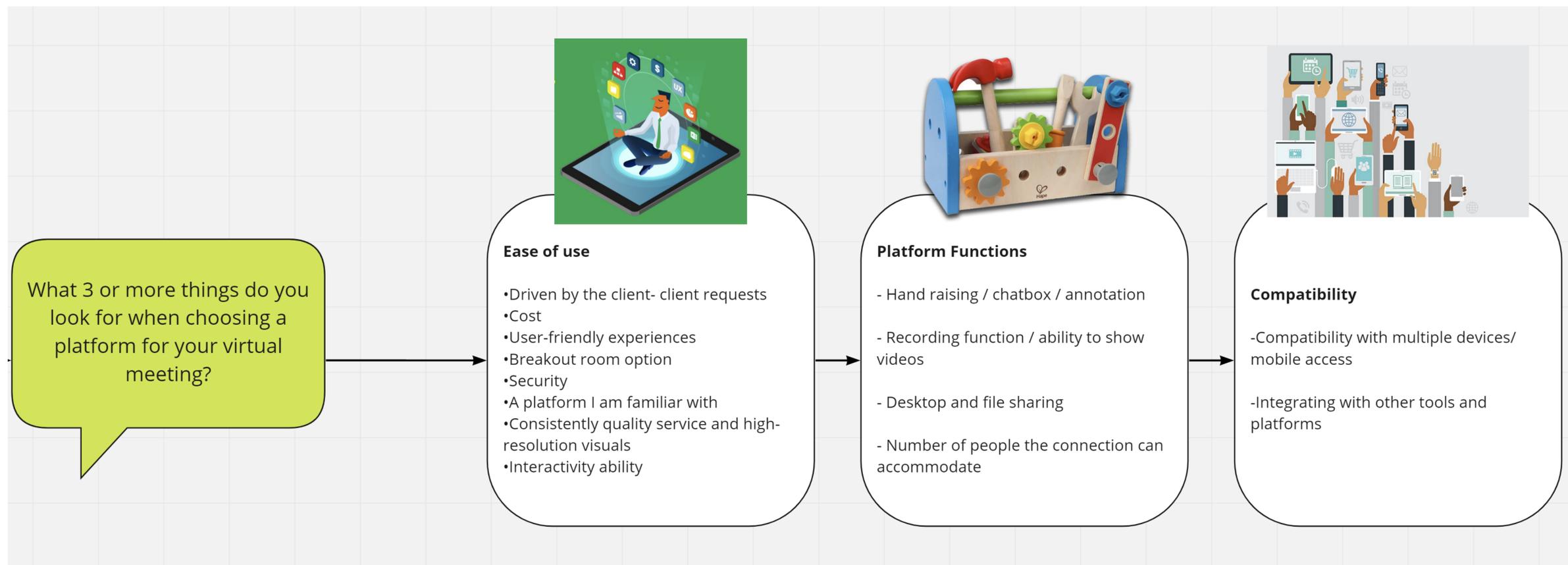
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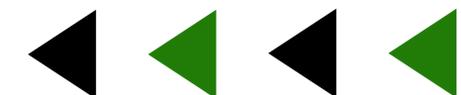


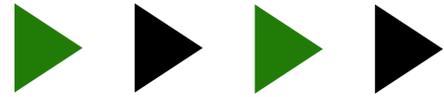


Tools & Capabilities



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Recovery

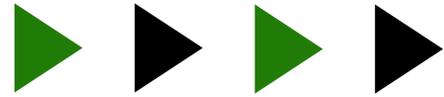
- **Backup plans if the connection of your meeting is lost.**

- Phone service
- Hotspot
- Someone else/ co-host has the material and can take over while the connection is re-establish
- Platform is running on another device simultaneously
- Another computer set up to a different server
- Invitation includes alternative phone numbers or links
- Add into contract that the you will meet at the 1/2 past the hour or on the top of the hour again.

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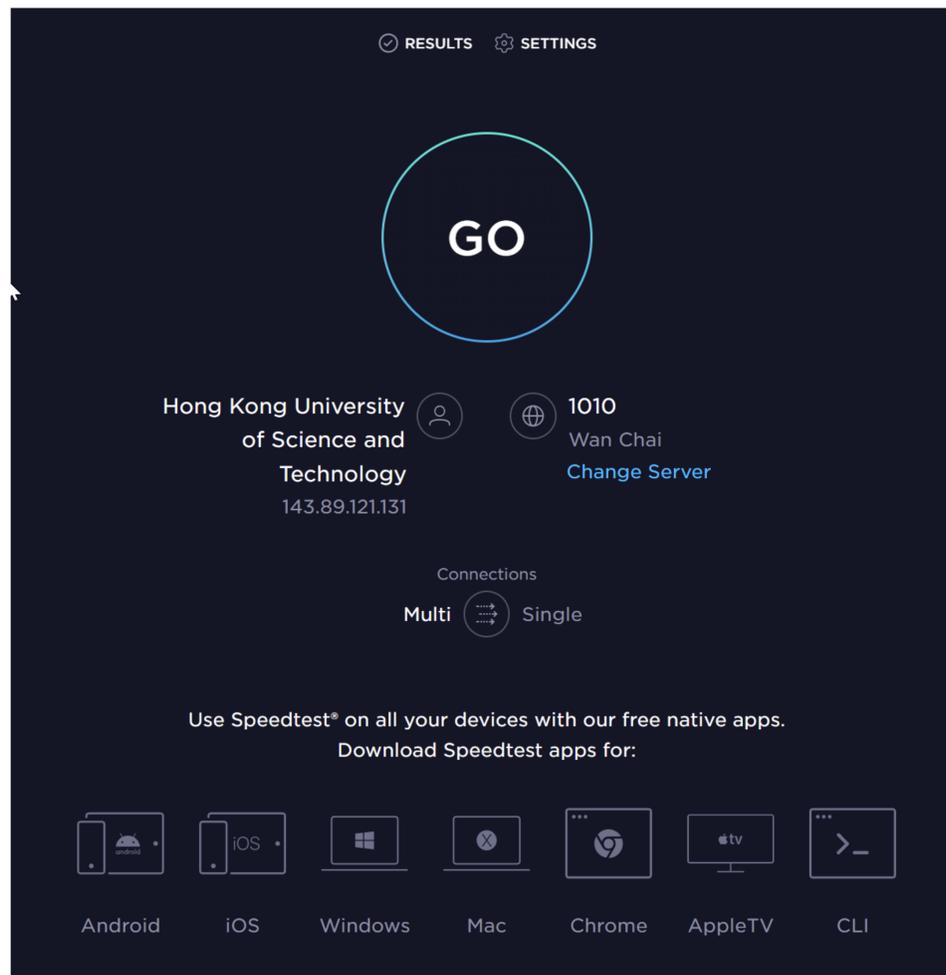




Tips of the Day

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Speed test



Your Internet speed is

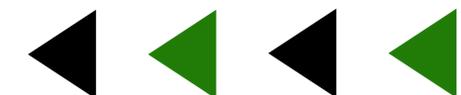
770 Mbps

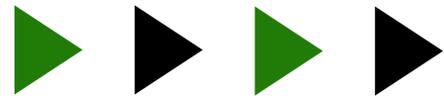


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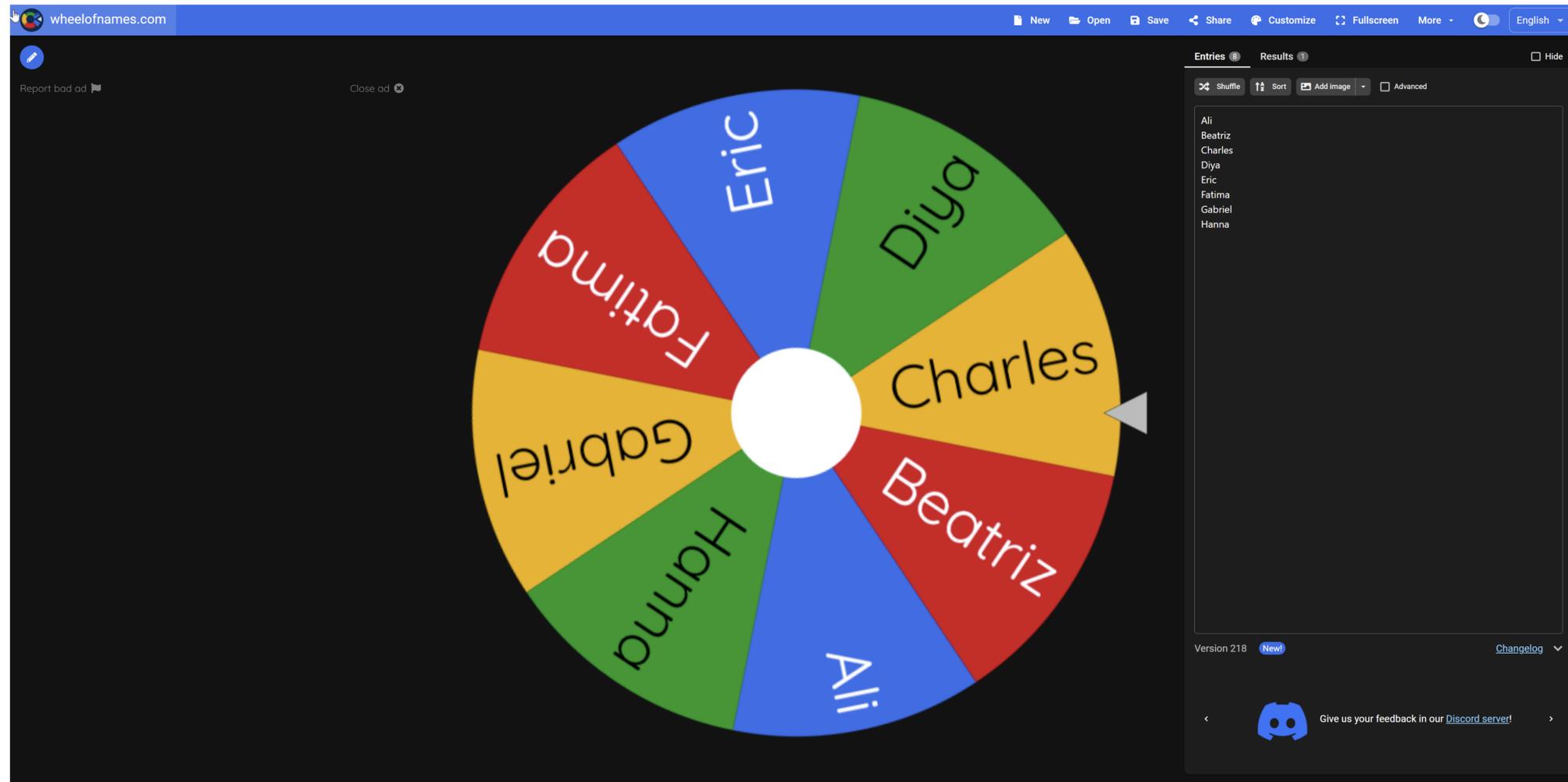




Tips of the Day

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Wheel of names



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